

NY Project Hope

Coping with COVID



<https://nyprojecthope.org/>

Goal of the program:

- The goal of NY Project Hope, the FEMA Crisis Counseling Assistance and Training Program (CCP) is to help disaster survivors recover from the adverse reactions to disasters and begin to rebuild their lives.
- The program assists individuals and communities in recovering from the effects of a disaster, in this case COVID-19, through linking them to community resources via the provision of community-based outreach and psycho-educational services.

Brief Overview:

- NY Project Hope CCP supports short-term interventions that involve assisting individuals in understanding their current situation and reactions, mitigating stress, developing coping strategies, providing emotional support, and encouraging linkages with other individuals and agencies that help survivors in their recovery process.
- NY Project Hope CCP is currently funded until June 15, 2021. The NYS Office of Mental Health is currently applying for a 6-month extension, which would extend services until December 2021.

Services include:

- Trauma-informed counseling/care
- Individual crisis counseling
- Basic supportive or educational contact (psychoeducation)
- Group crisis counseling
- Public education
- Community networking and support
- Assessment, referral, and resource linkage
- Development and distribution of educational materials
- Media and public service announcements

Target audience:

Project Hope intends to reach New York City residents of all ages and backgrounds, including but not limited to, adults, children, youth, and seniors throughout NYC. Services are currently available in 18 languages. Crisis counselors serve priority neighborhoods with high COVID infection and mortality rates as well as other neighborhoods throughout NYC as well.

NY Project Hope will also offer services in over 200 NYC Department of Education elementary, middle, and high schools. School-based services include individual crisis counseling services, group crisis counseling services, referrals, outreach and education.

How can community members access services?

Telephone: Call 844-863-9314 to speak with an Emotional Support Helpline staff member who can connect you to a local crisis counselor.

Website: [NYProjectHope.org](https://nyprojecthope.org/) – select ‘Find a Provider Near You’

Provider	Days of Operation	Hours of Operation	Dedicated Phone Line
Association to Benefit Children (ABC)	Monday-Friday	9am-5pm	212-845 3827
Bleuler Psychotherapy	Monday-Sunday	8am-10pm 9am-6pm	718-407-2458
Bridging Access to Care	Monday-Friday	9am-5pm	929-201-5513
Brooklyn Center for Psychotherapy, Inc.	Monday-Friday	9am-5pm	718-622-2000
Catholic Charities Neighborhood Services (CCNS)	Monday-Friday	9am-5pm	929-268-3321
Children of Promise NYC	Monday-Friday	9am-5pm	833-276-9254
Community Association of Progressive Dominicans	Monday-Saturday	10am-6pm	718-478-7668
Counseling in Schools	Monday-Friday	8am-4pm	929- 243-4373
Haitian-American Community Coalition, Inc. (HCC)	Monday-Sunday	8am-10pm	718-483-5102
Hamilton-Madison House, Inc.	Monday-Sunday	9am-7pm	212-720- 4590
Henry Street Settlement	Monday-Friday	9am-5pm	347-493-2787
Institute for Community Living (ICL)	Monday-Friday	8:30am-5pm	917-361-5782
New Horizon Counseling Center	Monday-Friday	9am-5pm	855-818-4673
Northside Center for Child Development, Inc.	Monday-Friday	10am-8pm	646-329-7176
OHEL Children's Home and Family Services	Monday-Thursday Friday-Sunday	9am-6pm 9am-1pm 10am-2pm	718-686-4673
Partnership with Children, Inc.	Monday-Friday	8am-4pm	212-689-9500 ext. 314
Project Hospitality	<i>Not set up yet</i>	<i>Not set up yet</i>	<i>Not set up yet</i>
Riseboro Community Partnership	Monday-Saturday	9am-10pm	833-416-0324
United Community Centers, Inc.(UCC)	Monday-Friday	9am-8pm	347-201-2208
Vibrant Emotional Health	<i>Not set up yet</i>	<i>Not set up yet</i>	<i>Not set up yet</i>
Voces Latinas	Monday-Friday Saturday/Sunday	10am-6pm 10am-2pm	917-434-6491